

Positive Affirmations Worksheet

CIRCLE OR WRITE 3-5 THINGS THAT DESCRIBE YOU THE MOST.

I AM INTELLIGENT.

I AM RESPONSIBLE.

I AM A GOOD TALKER.

I AM HARD WORKING.

I AM A GOOD COMMUNICATOR.

I LIKE TO TALK.

I AM A GOOD STUDENT.

I AM HONEST.

I AM CONFIDENT.

I AM A GOOD READER.

I AM FUN.

I AM INTERESTING.

I AM AN ATHLETE.

I AM CREATIVE.

I AM A GOOD FRIEND.

I AM A GOOD LISTENER.

I AM A GOOD SPEAKER.

I AM FUNNY.

I AM A GOOD SPELLER.

I AM ORGANIZED.

I AM APPRECIATIVE.

I AM ENOUGH.

I AM BEAUTIFUL.

I AM HANDSOME.

I AM STYLISH.

I AM GRATEFUL